

State of Emergency Measures to Prevent the Spread of the Novel Coronavirus

Our Request for Residents of Iwate Prefecture

1 Refraining from non-essential and non-urgent travel and outings

Between 23 April and 6 May, 2020, we ask that all residents of Iwate refrain from non-essential and non-urgent travel and outings. In particular, we are asking that you avoid attending restaurants or businesses that provide in-person services in downtown and shopping district areas. Furthermore, we request that residents refrain from travelling home or to other areas during the extended holidays, particularly travelling between prefectures, in order to prevent the spread of the virus.

[Situations that will not be considered non-essential or non-urgent]

- Healthcare visits
- Shopping for groceries, medicines, and living necessities
- Commuting to essential work locations
- Outdoor workouts or walking exercise
- Others (such as visiting the bank, city offices, etc. necessary to maintaining daily life)

2 Remain calm

These emergency measures are different from the “lockdown” measures conducted in other countries. Therefore, we ask that residents remain calm and avoid creating any confusion by panic-buying groceries, medicines, and others.

3 Infection prevention in the workplace

Although commuting to work will not be considered non-essential travel, we urge everyone to actively pursue opportunities to work from home. If commuting to work is unavoidable, please consider staggered work hours or avoiding public transportation by commuting by bicycle, etc. to reduce the number of interactions with others as much as possible.

4 Request to cooperate with closures

Between 23 April and 6 May, 2020, we ask that facilities outlined in the table below be temporarily closed in order to help prevent the spread of infection.

Facility Type	Classification
Eating and drinking	Cabaret, night clubs, snack bars (limited to those that offer in-person services)
Sports/leisure	Sports clubs, yoga studios, mahjong shops, pachinko parlors, game centers
Cinemas, etc.	Theaters, spectator stands, cinemas, entertainment halls, music venues
Meeting /exhibition (total floor area in excess of 1000m ²)	Auditoriums, public halls, exhibition halls
Commercial * (total floor area in excess of 1000m ²)	Large shopping malls, large department stores

*Excluding commercial facilities offering essential services.

5 “3 Cs” Daily preventative measures

We urge residents of Iwate to continue to avoid enclosed spaces with poor ventilation, gathering in crowded areas, and conversing in close-contact with others. Likewise, to be even more careful in following basic preventive measures such as washing hands or practicing coughing etiquette.